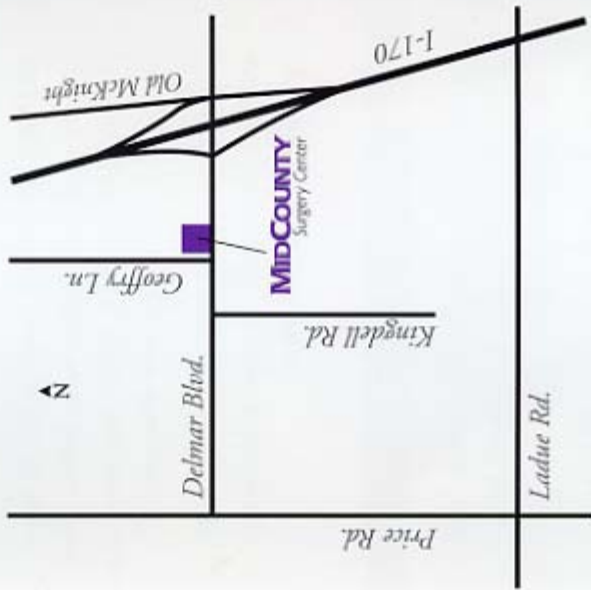


Your physician has selected the MidCounty Surgery Center for your surgery. This facility is a state accredited ambulatory Surgery Center. The MidCounty Surgery Center was created by hospital and clinical personnel to offer safe, high quality surgical care. State-of-the-art medical technology makes this an affordable and convenient option to overnight hospitalization. The MidCounty Surgery Center does not provide emergency services.

SURGERY INFORMATION

SURGERY DATE: _____
ARRIVAL TIME: _____
SURGERY TIME: _____
TYPE OF ANESTHESIA: _____
PROCEDURE: _____
PHYSICIAN'S NAME: _____

DIRECTIONS



MIDCOUNTY
Surgery Center

8637 Delmar Blvd. • St. Louis, Missouri 63124
phone: 314/983-2778 • fax: 314/983-2777

INSTRUCTIONS *for the* SURGICAL PATIENT

MIDCOUNTY
Surgery Center

BEFORE SURGERY

Please follow these guidelines to ensure that your operation goes smoothly.

- DO have any preop testing completed 7-10 days before surgery. (i.e. lab work, x-ray and/or EKG).
- DO notify your surgeon if there is any change in your physical health such as an illness or fever.
- DO confirm surgery if you have not been contacted 24 hours prior to your scheduled procedure.
- DO make arrangements for someone to drive you home and accompany you after the surgery.
- DO eat before 10:00pm the night before surgery.
- DO NOT drink or eat anything after 12 midnight the night prior to surgery (this includes water, coffee, mints, juice and gum). Failure to follow these instructions may result in the cancellation of surgery.
- DO NOT take any medications after 12 midnight the night prior to surgery unless directed by your physician.
- DO NOT take anti-inflammatory, aspirin products or appetite suppressants for 10 days prior to scheduled surgery.



A nurse from MidCounty Surgery Center will contact you within 48 hours of surgery to answer any questions.

- DO review instructions for your care with discharge staff.
- DO follow doctor's orders regarding diet, rest, medication and activity.
- DO contact your doctor if you have any questions after surgery.

DAY OF SURGERY

Help us to help you. Please follow these guidelines.

- DO wear loose fitting, comfortable clothing such as sweats. Wear comfortable shoes and NO high heels.
- DO leave all jewelry, cash and valuables at home.
- DO limit the number of visitors to 2, over the age of 14.
- DO remove glasses, contacts and removable dental work. Bring a case for safe keeping.
- DO arrive at the surgery center 1 hour prior to scheduled procedure.
- DO NOT eat or drink anything for 10 hours prior to surgery, including water, coffee, mints, juice and gum. Failure to follow these instructions may result in the cancellation of surgery.
- DO NOT plan on driving yourself home. If you plan on taking a cab, you must be accompanied by an adult friend or relative.

AFTER SURGERY

A nurse from MidCounty Surgery Center will contact you within 48 hours of surgery to answer any questions.

- DO review instructions for your care with discharge staff.
- DO follow doctor's orders regarding diet, rest, medication and activity.
- DO contact your doctor if you have any questions after surgery.

INSURANCE & BILLING

Prior to your surgery date, you will be notified of your estimated insurance coverage and amount of co-pay owed. Due to the vast array of insurance coverage plans, we recommend specific coverage questions be directed to your insurance company. Any amount not covered by the insurance plan will be collected on the day of surgery. For your convenience we can accept MasterCard and Visa. The bill will not include anesthesia services, surgeon fees or lab/x-ray fees. These are billed separately after surgery.

QUESTIONS

If you have a problem or concern, please contact the Center at (314) 983-2778. We are dedicated to making your stay at the MidCounty Surgery Center as comfortable as possible. A copy of patient rights and responsibilities is available.

